# **Fort Gibson Tigers**

2023-2024

# Extra – Curricular Handbook



# Please fill out and sign the back 3 pages and return to your coach/sponsor with \$10.00

Fort Gibson Public Schools 500 South Ross Fort Gibson, OK 74434 **BEING A FORT GIBSON TIGER IS** .... A great privilege. With this privilege come expectations. Don't run from these; embrace them and be proud! People with high expectations are usually the most successful people.

# **EXPECTATIONS OF A FORT GIBSON TIGER ATHLETE:**

- Be a good sport. Compete with a high level of passion, determination, desire and intensity. In doing so, always model good sportsmanship.
- Your conduct on and off the playing field is representative of you, your team, your coaches, your school and your family. Think before you speak or act...your choices dictate your character.
- Decide, dictate, and determine excellence.
- Show loyalty to your team and school. Encourage your team, be a team leader and never be a "Cancer" to the team. Be unselfish.
- Out work, out hustle and out think your opponent. Don't ever leave an event knowing you could have done more!

# **MISSION STATEMENT**

"Empower Students To Achieve"

# **VISION STATEMENT**

Fort Gibson Schools will provide students with a premier education for an ever-changing tomorrow.

\*\*\*PLEASE NOTE THAT THERE ARE <u>X'S</u> PLACED ON ALL PAGES THAT REQUIRE A PARENT AND/OR A STUDENT ATHLETE'S SIGNATURE. THE PAGES THAT REQUIRE A SIGNATURE NEED TO BE SIGNED AND RETURNED TO THE SCHOOL. THIS BOOKLET IS TO REMAIN IN THE POSSESSION OF THE STUDENT ATHLETE AND THE STUDENT'S PARENTS.

# **EQUAL OPPORTUNITY IN SPORTS - TITLE IX**

The Fort Gibson Public Schools strive to be in compliance with all provisions of the Title IX Anti-discrimination Law. No person shall, on the basis, of gender, be excluded from participation in, be denied the benefits of, be treated differently from another person or otherwise be discriminated against in any interscholastic, intercollegiate, club or intramural athletic activity.

# TRANSPORTATION POLICY

All students must travel to and from athletic contests with the coaching staff. School buses will be used for most trips. Players can

leave the competition site with their parents/guardian, but they must have written prior approval from their parents/guardian. Players cannot leave with other athlete's parents unless a coach has been given written notification from the athlete's parents/guardian. All Students must load and unload on buses as a group

# LOCKER ROOM RESPONSIBILITY

Players are expected to help clean and maintain locker rooms/facilities and leave them cleaner than they were found. These rules apply to our own facilities and the facilities of our opponents.

# **DRESS CODE**

Students must dress appropriately for the arrival and departure from their event/ practice, and during the event/practice. This applies to home and away games and practice. School dress code should be adhered to when not in full uniform.

# **INSURANCE**

All students participating in athletic events must be covered by accident insurance. The school must have this information on file. This packet contains a form that must be completed by the athlete's parent/guardian regarding insurance coverage.

\*Fort Gibson Schools does not provide insurance coverage

# STUDENT ATHLETE BEHAVIOR

FTG student athletes are representing Fort Gibson Schools during any school athletic competition. All school policies concerning students' behavior apply on or off campus while a student is involved in athletic competition. *The behavior of student athletes is a reflection of Fort Gibson Schools*. At all times FTG students should demonstrate **RESPECT** for themselves, others and their environment.

# **CORRECTIVE DISCIPLINE**

The policies set forth in this student's manual regarding the use of drugs and alcohol and the penalties involved will also be followed for athletes in other discipline issues. An example would be that of theft. An athlete will have to sit out the amount of games outlined in the Drug and Alcohol polices.

# STUDENTS ROLE IN DEALING WITH ABSENCES, TARDIES, TEST, AND MAKE-UP WORK DURING SPORTS

- 1. The state activities association states that a student must be in attendance 90% of the total number of days during the current trimester to be eligible.
- Being absent one day does not excuse the student from work assigned or due on that day. It is the students' responsibility to know each teachers policy for late work.
- 3. Students are limited to 10 absences for school activities per year. This does not include state playoff days.
- 4. To be eligible students must be passing all subjects. Failing a subject will place a student on probation for the following week. If the student is failing any subject the next consecutive week he/she will be ineligible until all grades are passing. If a student fails more than one course that student will be ineligible for six weeks starting the next semester at the middle school and four weeks starting the next trimester at the high school.

# ATHLETE'S CHANGING / QUITTING SPORTS

# 1. ATHLETES CHANGING SPORTS IN MID SEASON

The moment an athlete's name appears on the official eligibility list for an interscholastic sport, she/he may not join another team or compete in another sport until after the end of the first sport season unless the following conditions are met:

- The athlete presents both coaches involved a doctor's certificate recommending she/he drop the first sport for reasons of health and permits participation in the second sport
- Both coaches involved and the AD agree that a mid-season change of the sport would be beneficial to the athlete without being unfair to the individuals of either team
- The parent/guardian is notified of any changes in the athletes' schedule. The coach of the sport the student is leaving must contact the parent and it is suggested that the coach of the new sport should contact the parent/guardian as well
- The athlete should switch her/his class schedule if it is early enough in the trimester.
- If it is too late to change class schedules, the Coach is responsible for the athlete until the end of the athletic hour at which time the athlete may be released

# 2. <u>ATHLETES CHANGING SPORTS AT THE END OF THE SEASON</u>

Student athletes may join their next school-sponsored sport as soon as they have completed their responsibilities to their current sport. All equipment and uniforms must be turned into the coach of the sport just completed

## **ACTIVITY PASSES**

# 2023-2024

#### Dear Parents:

Activity Passes will be sold that will be good for regular season home games ONLY. These passes will not work at away games or home games that are playoff games. The price of the Student Pass is \$55 and an individual Adult Pass \$70.

The student pass will be good for your child only and cannot be used by another student. If your child allows another student to use their pass, your child and the other student will forfeit the privilege of a student pass for the rest of the year.

If you have any questions regarding the Passes you may call Coach Chuck London 478-6415.

## CONCUSSION/HEAD INJURY FACT SHEET STUDENT-ATHLETES

## WHAT IS A CONCUSSION?

- A concussion is a brain injury
- Is caused by a bump or blow to the head
- Can change the way your brain normally works
- Can occur during practice or games in any sport
- Can happen even if you have not been knocked out
- Can be serious even if you have just been "dinged"

## WHAT ARE THE SYMPTONS OF A CONCUSSION?

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

#### WHAT SHOULD I DO IF I THINK I HAVE A CONCUSSION?

<u>Tell your coaches or parents.</u> Never ignore a bump or blow to the head even if you feel fine. Also, tell your coach if one of your teammates may have a concussion.

<u>Get a medical checkup</u>. A doctor or health care professional can tell you if you have a concussion and when you are OK to return to play.

Give yourself time to get better. If you have had a concussion, your brain needs time to heal. While your brain is still healing, you are much more likely to have a second concussion. Additional concussions can cause damage to your brain. It is important to rest until you get approval from a doctor or health care professional to return to play.

#### HOW CAN I PREVENT A CONCUSSION?

Follow your coach's rules for safety and the rules of the sport.

Practice good sportsmanship.

Use the proper equipment, including personal protective equipment (such as helmets, padding, shin guards and eye and mouth guards----IN ORDER FOR EQUIPMENT TO PROTECT YOU, it must be the right equipment for the game, position and activity; it must be worn correctly and used every time you play.)

#### FOR MORE INFORMATION VISIT:

www.cdc.gov/TraumaticBraininjury/

www.oata.net

www.ossaa.com

www.nfhslearn.com

# IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON CONCUSSION/HEAD INJURY FACT SHEET PARENTS/GUARDIAN

#### WHAT IS A CONCUSSION?

A concussion is a brain injury. Concussions are caused by a bump or blow to the head. Even a "ding", "getting your bell rung" or what seems to be a mild bump or blow to the head can be serious. You cannot see a concussion. Signs and symptoms of a concussion can show up right after the injury or may not appear to be noticed until days or weeks after the injury. If your child reports any symptoms of a concussion or if you notice any symptoms yourself, seek medical attention right away.

#### WHAT ARE THE SYMPTOMS REPORTED BY ATHLETES?

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Sensitivity to noise
- Feeling sluggish, hazy, foggy or groggy

- Concentration or memory problems
- Confusion
- Does not "feel right"

#### WHAT ARE THE SIGNS OBSERVED BY PARENTS/GUARDIANS?

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Cannot recall events prior to hit or fall
- Cannot recall events after hit or fall

#### HOW CAN I HELP MY CHILD PREVENT A CONCUSSION?

Ensure they follow their coach's rules for safety and the rules of the sport. Make sure they use proper equipment, including personal protective equipment (such as helmets, padding, shin guards and eye and mouth guards----IN ORDER FOR EQUIPMENT TO PROTECT YOU, it must be the right equipment for the game, position and activity; it must be worn correctly and used every time you play.) Learn the signs and symptoms of a concussion.

#### FOR MORE INFORMATION VISIT:

- www.cdc.gov/TraumaticBraininjury/
- <u>www.oata.net</u>
- www.ossaa.com
- www.nfhslearn.com

# IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON! FORT GIBSON PUBLIC SCHOOL DISTRICT EXTRA-CURRICULAR ACTIVITIES STUDENT DRUG TESTING

The Board of Education, in an effort to protect the health and safety of students participating in extracurricular activities and to educate and direct students participation in extracurricular activities away from drug and alcohol use and abuse, thereby setting an example for all other students of the district, adopts the following policy for testing of students participating in extracurricular activities for the use of illegal drugs.

#### STATEMENT OF PURPOSE AND INTENT

1. It is the desire of the Board of Education, administration, and staff that every student in the district refrain for using or possessing illegal drugs.

Notwithstanding this desire, the administration and board of education realize that their power to restrict the possession or use of drugs is limited. Therefore, except as provided below, the sanctions of this policy relate solely to limiting the opportunity of any student determined to be in violation of this policy to participate in extracurricular activities. This policy is intended to supplement and complement all other policies, rules, and regulations of the school district regarding possession or use of illegal drugs.

- 2. Participation in school-sponsored extracurricular activities at the school district is a privilege, not a right. Students who participate in these activities are respected by the student body and are expected to conduct themselves as good examples of behavior, sportsmanship and training. Accordingly, students who participate in extracurricular activities carry a responsibility to themselves, their fellow students, their parents and their school to set the highest possible example of conduct, which includes avoiding the use or possession of illegal drugs.
- 3. The purpose of this policy is to prevent illegal drug use, to educate STUDENT who participate in extracurricular activities as to the serious physical, mental and emotional harm caused by illegal drug use, to alert students participating in extracurricular activities who have possible substance abuse problems to the potential harms of use, to prevent injury, illness and harm as a result of illegal drug use, and to strive within the school district for an environment free of illegal drug possession and use. This policy is not intended to be disciplinary or punitive in nature. The sanctions of this policy relate solely to limiting the opportunity of any student who participates in extracurricular activities and who is found to be in violation of this policy to participate in extracurricular activities. There will be no academic sanction solely for a violation of this policy. Notwithstanding the foregoing, a student may be disciplined, including suspended out of school, if a violation of this policy also results in a violation of the school district's student behavior policy.

#### **DEFINITIONS**

- Extracurricular Student means any school district sponsored team, club, organization or activity in which participation is not required as a part of the school district curriculum and in which students represent the school district in competitions sanctioned by the Oklahoma Secondary Schools Activities Association.
- 2. Student extracurricular activities participant means any student participating in any competitive extracurricular activity.
- 3. Student athlete means a  $6^{th}$   $12^{th}$  grade member of any school district sponsored interscholastic sports team, including athletes and cheerleaders.
- 4. Coach/Sponsor means any person employed by the school district to coach athletic teams of the school district, to act as a sponsor or coach of a cheerleader team of the school district, or to serve as a sponsor for any other extracurricular activity.
- 5. Athletics and athletic activity means participation by a student athlete on any athletic team or cheerleader team sponsored by the school district.

- 6. In-season means anytime during the day, night, weekends or holidays, including all time in and away from school during the entire school year for all student extracurricular activities participants.
- 7. Illegal drugs means any substance which any individual may not sell, possess, use, distribute or purchase under either federal or Oklahoma law. "Illegal drugs" includes, but is not limited to, all scheduled drugs as defined by the Oklahoma Uniform Controlled Dangerous Substance Act, all prescription drugs obtained without authorization and all prescribed and over-the-counter drugs being used for an abusive purpose, and paraphernalia to use such drugs. "Illegal drugs" will also include alcohol (ethyl alcohol, ethanol, other alcoholic beverages and "low point" beer) and anabolic steroids and any other natural or synthetic substances used to increase muscle mass, strength, endurance, speed or other athletic ability (not including dietary or nutritional supplements such as vitamins, minerals and proteins which can be lawfully purchased in the over-the-counter transactions).
- 8. Drug test means a chemical test administered for the purpose of determining the presence or absence of illegal drugs or their metabolites in a student's blood, bodily tissue, fluids, products, urine, breath or hair.
- 9. Random selection basis means a mechanism for selecting student extracurricular activities participants for drug use testing that:
  - a. Results in an equal probability that any student extracurricular activity participant from a group of student extracurricular activity participants subject to the selection mechanism will be selected, and
  - b. Does not give the school district discretion to waive the selection of any student extracurricular activity participant selected under the mechanism.
- 10. Positive when referring to a drug use test administered under this policy means a toxicological test result which is considered to demonstrate the presence of illegal drugs or the metabolites thereof using the standards customarily established by the testing laboratory administering the drug use test.
- 11. Reasonable suspicion means a suspicion based on specific personal observations concerning the appearance, speech or behavior of a student extracurricular activity participants and reasonable inferences drawn from those observations in the light of experience. Information provided by a reliable source, if based on personal knowledge, shall constitute reasonable suspicion. Reasonable suspicion specifically includes unusual increases in size, strength, weight or other athletic abilities.
- 12. Games/competitions means regular season, tournament and playoff games/competitions and does not include practice games and scrimmages.

#### PARTICIPATION AND PROCEDURES

1. Illegal drug possession or use is incompatible with participation in extracurricular activities on behalf of the school district. For the safety, health and well-being of the student extracurricular activity participants of the school district, the school district has adopted this policy for use by all participating students at the 6<sup>th</sup> – 12<sup>th</sup> grade level. Any student found to be in possession of, or having used illegal

- drugs, either by observation or drug use test, will be considered to have violated this policy.
- 2. Each student extracurricular activity participant shall be provided with a copy of this policy and the "Student Extracurricular Activity Participant Drugs Contract" (the "contract") which shall be read, signed and dated by the student, parent or custodial guardian and a coach/sponsor before such student shall be eligible to practice or participate in any extracurricular activity. No student shall be allowed to practice or participate in any extracurricular activity unless the student has returned the properly signed Contract. Provided, however, the lack of a signature on a part of a coach/sponsor shall not invalidate consent to drug testing under the Contract.
- The principal and sponsor, or, in the case of student athletes only, the athletic director and applicable coach, shall be responsible for determining whether a violation of this policy has occurred when an observation of possession or use of an illegal drug by a student extracurricular activity participant has been reported. If a violation of the policy is determined to have occurred by a student extracurricular activities participant other than a student athlete, the principal will contact the student, the sponsor, and the parent or custodial guardian of the student and schedule a conference. If a violation of the policy is determined to have occurred by a student athlete, the athletic director will contact the student, the sponsor or head coach, the applicable principal, and the parent or custodial guardian of the student and schedule a conference. At the conference, the violation of the policy will be described and the restrictions explained.
- 4. The Contract shall signify consent on the part of the student extracurricular activity participant and is or her parent(s)/ guardian(s) for the district to obtain a urine sample from the student extracurricular activity participant for the purpose of performing a drug test use. Such drug testing may occur upon any of the following events:
  - a. For student athletes, as part of the annual physical examination. Student athletes who have physical examinations performed by their personal physicians must nonetheless sign the Contract and comply with all policy requirements.
  - b. For student extracurricular activity participants other than student athletes, either
    - i. Prior to the start of the season for the extracurricular activity in which a student extracurricular activities participant competes, or
    - If the extracurricular activity has no established season, within one week after the first day of classes at the beginning of the school year;
  - c. As chosen by the random selection basis described in paragraph 5 below; and
  - d. At any time the principal, coach/sponsor, or in the case of the student athletes, the athletic director requests a drug test by a student extracurricular activities participant, based on reasonable suspicion of possession or use of illegal drugs.
- 5. Drug use testing for student extracurricular activities participants will also be chosen on a random selection basis weekly/monthly from a list of all in-season student participants. The school district will determine a weekly/monthly number

- of student names to be drawn at random to provide a urine sample for drug use testing for illegal drugs.
- 6. The school district will set a fee charge to be collected from each student when the Contract is signed and returned to the coach or sponsor.
- 7. Any drug test required by the school district under the terms of this policy will be administered by or at the direction of a professional laboratory chosen by the school district using scientifically validated toxicological methods. The professional laboratory shall be required to have detailed written specifications to assure chain of custody of the specimens, proper laboratory control and scientific testing.
- All aspects of the drug use testing program, including the taking of specimens, will be conducted so as to safeguard the personal and privacy rights of the student extracurricular activities participants to the maximum degree possible. The test specimen shall be obtained in a manner designed to minimize intrusiveness of the procedure. In particular, the specimen must be collected in a restroom or other private facility behind a closed stall. The principal or athletic director shall designate a sponsor or coach or other adult person of the same sex as the student to accompany the student to a restroom or other private facility behind a closed stall. The monitor shall not observe the student while the specimen is being produced, but the monitor shall be present outside the stall to listen for normal sounds of urination in order to guard against tampered specimens and to insure an accurate chain of custody. The monitor shall verify the normal warmth and appearance of the specimen. If at any time during the testing procedure the monitor has reason to believe or suspect that a student is tampering with the specimen, the monitor may stop the procedure and inform the principal or athletic director who will then determine if a new sample should be obtained. If a student is determined to have tampered with any specimen or otherwise engaged in any conduct that disrupts the testing process of any student, then the student will be deemed to have committed a second offense under this policy and the sanctions for a second offense will be imposed. The monitor shall give each student a form on which the student may list any medications he/she has taken or any legitimate reasons for having been in contact with illegal drugs or performance enhancing drugs in the preceding thirty (30) days. The medication list may be submitted to the lab in a sealed and confidential envelope.
- 9. If an initial drug test is positive, the initial test result will be subject to confirmation by a second and different test of the same specimen. The second test will use an equivalent scientifically accepted method of equal or greater accuracy. A specimen shall not be reported positive unless the second test is positive for the presence of an illegal drug or the metabolites thereof. The unused portion, if any, of a specimen that tested positive for illegal drugs shall be preserved by the laboratory for a period of six (6) months.
- 10. If the drug test for any student extracurricular activities participant has a positive result, the laboratory will contact the principal or the athletic director with the results. In the case of student extracurricular activities participants who are not athletes, the principal will contact the student, the sponsor, and the parent or custodial guardian of the student and schedule a conference. In the case of student athletes, the athletic director will contact the student, the sponsor or head coach, the applicable principal, and the parent or custodial guardian of the student and

- schedule a conference. At the conference, the principal or the athletic director will solicit any explanation for the positive test result and ask for doctor prescriptions of any drugs that the student was taking that might have affected the outcome of the drug use test. The principal or the athletic director will also inform the student and his/her parent or custodial guardian of the ability to re-test the remaining specimen described in paragraph 11 below.
- 11. If the student and his/her parent or custodial guardian desire another test of the remaining portion, if any, of the specimen, the principal or athletic director will arrange for another test at the same laboratory or at another laboratory agreeable to the principal or athletic director. Any such re-test shall be at the expense of the student and his/her parent or custodial guardian. Such re-test must be requested during the conference described in paragraph 10. Should a re-test be requested, no determination shall be made as to whether there is a policy violation until the re-test has been completed; however, the student shall be ineligible for participation in extracurricular activities pending the result of such re-test. However, if the re-test returns a positive test result, any days that a student is ineligible for participation in extracurricular activities under this paragraph shall be counted towards sanction issued under this policy.
- 12. If during the conference described in paragraph 10, the student extracurricular activities participant asserts that the positive test results are caused by other than consumption of an illegal drug by the student, then the student will be given the opportunity to present evidence of such to the principal or to the athletic director. The school district will rely on the original laboratory that performed the test in determining whether a positive test result was produced by other than consumption of an illegal drug. Should an alternative reason for the positive result be provided, no determination shall be made as to whether there is a policy violation until the original laboratory has been consulted; however, the student shall be ineligible for participation in extracurricular activities pending such consultation. However, if a policy violation is determined to have occurred, any days that a student is ineligible for participation in extracurricular activities under this paragraph shall be counted towards the sanction issued under this policy.
- 13. If a policy violation has been determined by the principal or the athletic director to have occurred, they will notify the student and his/her parent(s)/guardian(s).
- 14. A student who has been determined by the principal or the athletic director to be in violation of this policy shall have the right to appeal the decision to the superintendent or his/her designee(s). Such appeal must be lodged within five (5) business days of notice of the initial report of the offense, during which time the student will remain ineligible to participate in any extracurricular activities. The superintendent of his/her designee(s) shall then determine whether the original finding was justified. There is no further appeal right from the superintendent's decision and his/her decision shall be conclusive in all respects. Any necessary interpretation or application of this policy shall be the sole and exclusive judgement and discretion of the superintendent which shall be final and nonappealable.
- 15. Before a student extracurricular activities participant who has tested positive in a drug use test may rejoin his/her extracurricular activity after a first or second offense, such student may be required to undergo one or more additional drug use test to determine whether the student is no longer using illegal drugs. The school

district will rely on the opinion of the laboratory which performed or analyzed the additional drug use test in determining whether a positive result in the additional drug use test was produced by illegal drugs used by the student before the offense or by more recent use. In addition, a student extracurricular activities participant who has tested positive in drug use test may be required to submit to one or more additional drug use test for up to a year following the date of the positive result, notwithstanding that such student has been permitted to rejoin his/her extracurricular activity.

16. All documents created pursuant to this policy with regard to any student will be kept in a confidential folder and will never be made a part of the student's cumulative folder nor be considered a "disciplinary" record.

#### **VIOLATION**

Any extracurricular student who is determined by observation or by drug use tests to have violated this policy shall be subject to the loss of the privilege to participate in extracurricular activities and offered educational and support assistance to stop using.

# For the First Offense:

Suspension from participation in all scheduled extracurricular activities (including all meetings, practices, performances and games/competitions) for 30 school days which may be reduced by 15 school days (five (5) school days reduced for professional drug/alcohol evaluation/assessment and ten (10) school days reduced for participating in and successfully completing at least four (4) hours of substance abuse education/counseling provided by the school district or an outside agency). A student extracurricular activities participant must miss a minimum of two (2) games/competitions. If the student is not competing in an extracurricular activity during any suspension period due to injury, academic ineligibility or the games or competitions for that sport or activity are finished or have not begun for that school year and, therefore, does not, miss a minimum of two (2) games/ competitions during the suspension period, then the student will be required to miss the next two (2) games/competitions after he/she returns from the injury, becomes eligible or the games or competitions resume in the following school year or begin later in the same school year. These restrictions and requirements shall begin immediately following the determination of a violation of this drug use test policy. Such suspensions will extend into a succeeding competition season if necessary to fulfill the suspension.

#### For the Second Offense (in the same school year):

Complete suspension from participation in all extracurricular activities including all meetings, practices, performances, and competition for eighteen (18) continuous

and successive school weeks from the date of the determination of a violation of this policy. Such suspension will extend into a succeeding school year if necessary to fulfill the suspension. Offenses shall not accumulate from school year to school year; the eighteen (18) week suspension from participation in all extracurricular activities shall come into play only when two (2) offenses are committed in the same school year.

## Self-Referral:

As an option to the consequences for a first offense only, a student may self-refer to the principal or athletic director or to a coach or sponsor before being notified of a policy violation or prior to being asked or required to submit to a drug use test. A student who self-refers will be allowed to remain active in all extracurricular activities after the following conditions have been fulfilled: a conference has been held with the student, the principal or athletic director, the sponsor or coach, and the parent or custodial guardian of the student to discuss the policy violation; a drug use test is provided by the student that is not positive, and a participation commitment by the student and parent for four (4) hours of substance abuse education/counseling provided by the school or an outside agency. Documentation of successful completion of this commitment must be provided to the principal or athletic director by the student or parent. A student who self-refers will, however, be considered to have committed his/her first offense under this policy. A self-referral may be used only once in a student's time in the school district.

## REFUSAL TO SUBMIT TO ALCOHOL OR DRUG USE TEST

If, after signing the Contract, a student extracurricular activities participant refuses to submit to drug use test authorized under this policy, such student shall not be eligible to participate in any extracurricular activities including all meetings, practice, performances and competition for eighteen (18) continuous and successive school weeks. Such suspension will extend into a succeeding school year if necessary to fulfill the suspension.

# EXTRACURRICULAR ACTIVITIES PARTICIPANT ILLEGAL DRUGS CONTRACT

#### Statement of Purpose and Intent

Participation in school sponsored extracurricular activities at the Fort Gibson School District is a privilege not a right. Such privilege is governed by the attached policy on Testing for Illegal Drugs. Illegal drug use of any kind is incompatible with participation in extracurricular activities on behalf of the school district. Students who participate in activities are respected by the student body and are expected to hold themselves as good examples of conduct, sportsmanship and training. Accordingly, student extracurricular activities participants carry a responsibility to themselves, their fellow students, their parents and their school to set the highest possible examples of conduct, which includes avoiding the use or possession of illegal drugs.

#### <u>Participation in Extracurricular Activities</u>

For the safety, health and well-being of the students, the district has adopted the attached policy and his Student Extracurricular Activities Participant Illegal Drugs Contract (the "Contract") which shall be read, signed and dated by the student, parent or custodial guardian and sponsor or coach before such student shall be eligible to practice or participate in any extracurricular activity. No student shall be allowed to practice or participate in any extracurricular activity unless the student has returned the properly signed Contract.

#### **Student Section**

I understand after having read the Policy and this Contract that, out of care for my safety and health, the Fort Gibson Public School District enforces the rules applying to the consumption or possession of illegal drugs. As a student extracurricular activities participant, I realize that the personal decision that I make daily in regard to the consumption or possession of illegal drugs may affect my health and well-being as well as the possible endangerment of those around me and reflect upon my organization with which I am associated. If I choose to violate the policy regarding the use or possession of illegal drugs at any time during the school year, I understand upon determination of that violation I will be subject to the restrictions of my participation as outlined in the policy.

Student Name:	ID No.:	
Student Signature:	Date:	

All participating students shall pay a \$10 activity fee to help offset costs for this and other programs.

# X Parents - Please sign and return to Coach London!

# STUDENT/ATHLETE INSURANCE RELEASE FORM

In order for a student to participate in athletics he/she should be covered by accident insurance. Students will need to show proof of insurance coverage or they can purchase insurance through StudentResources. The school does have brochures with applications for this insurance program.

INDICATE WHICH OPT FOLLOWING:	ION YOU HAVE SE	ELECTED BY COMPLETING THE	
( ) We want to purchase information broch	_	StudentResources and we need the	
( ) We have adequate insurance and do not wish to purchase through StudentResources.			
PLEASE PROVIDE THE SCHOOL WITH YOUR INSURANCE INFORMATION			
Insurance Name	Policy Number	Group #	
Name of Insured/Responsible party	Student's Name		
x			

X Parents and Students – Please read the following two pages and sign this form and return to Coach London!

Parent/Guardians Signature

Concussion and Head Injury Acknowledgement

Date

# FORT GIBSON PUBLIC SCHOOLS

In compliance with Oklahoma Statute Section 24-155 of Title 70, this acknowledgement form is to confirm that you have read and understand the <u>CONCUSSION FACT SHEET</u> provided to you by Fort Gibson Public Schools related to potential concussions and head injuries occurring during participation in athletics.

I,	, as a student-athlete who participates
in (PLEASE PRINT STUDENT ATHLETE'S NA	ME)
Fort Gibson Public Schools athletics and	d I,(PLEASE PRINT PARENT/LEGAL
as th	ne parent/legal guardian, have read this
information material provided to us by	Fort Gibson Public Schools related to
concussions and head injuries occurrin programs and	g during participation in athletic
understand the content and warnings.	
SIGNATURE OF STUDENT-ATHLETE	DATE
SIGNATURE OF PARENT/LEGAL CIT.	ARDIAN DATE

This form should be completed annually prior to the athlete's first practice and/or competition and be kept on file for one year beyond the date of signature in the principal's office or the office designated by the principal.